



For guidance on managing construction health risks go to www.hse.gov.uk/construction





# 0408 Safety Guidance



### Using the Orbital Sander

- Wear your protective equipment including ear defenders, dust mask and goggles.
- Always hold the orbital sander firmly with two hands while working.
- Let the orbital sander run up to full speed before lowering it carefully onto the surface. Be prepared for the reactive force when the sanding sheet contacts the surface.
- Keep the cable clear, do not let the machine run over it.
- Apply only moderate pressure to the machine. Any extra pressure will overload the machine and may cause an uneven surface in your work.
- Lift the machine off the work surface before switching off.
- After switching off, wait for the machine to stop completely before you put it down.
- If you think the cable may be cut or damaged in any way, switch off and unplug at the socket before inspecting it. If the cable attached to the orbital sander is damaged, stop using the machine. Contact the hire company. If an extension cable has been damaged, do not use it again.
- Take care not to accidentally pull the plug from the socket.
- Watch out for signs that vibration may be affecting your hands. If your fingers start to tingle or feel numb, take a short break from using the machine. Exercise your fingers to encourage blood circulation.
- To help prevent vibration affecting your hands, operate the machine for shorter periods Keep your hands warm – wearing gloves may help do this.
- 12. Make sure that any ventilation slots in the orbital sander do not get blocked with dust.
- 13. Remember to empty the dustbag when it is half full or when you stop work. Wood or paint dust is highly flammable. Do not empty the dust bag onto a fire.
- Switch off and unplug before making adjustments or changing the sanding paper.
- Switch off and remove the plug from the socket before leaving the orbital sander unattended.
- 16. If your equipment does not work properly do not attempt to repair it. Contact the hire company.
- You may want to read this leaflet again. Please keep it until you finish work.

Please keep this leaflet safely as it may be required for future reference











2450 Regents Court









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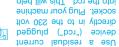
connections are dry and sare. wake sure that any extension cable it will overheat and could catch fire. vehicles might run over it. Unroll it fully or might be trapped, and places where edges, doorways or windows where it Lay it out carefully avoiding liquids, sharp

metres (160 teet). Plug it directly into the heavy duty one, not longer than 50 you should only use a suitable rated any special instructions,

company have not given instructions given by the hire hire company. If the hire cable, follow any special It you need an extension supplied with it.

the rcd according to the instructions rcd is working each time you use it. Reset Use the "TEST" button to check that eth cable or machine get damaged.

to protect you against electric shock it the into the rcd. This will help



### (SQUARE PIN OR BLUE PLUG) **S30 VOLT MACHINES** connections are dry and safe.

4. Make sure that any extension cable Unroll it fully or it will overheat and and places where vehicles might run over

or windows where it might be trapped, avoiding inquids, snarp edges, doorways Lay the extension cable out carefully and the machine.

extension cable between the transformer

metres (160 teet). You must only use an extension cable, not longer than 50 special instructions, you should only use a suitably rated heavy duty 100v company have not given any



the hire company. If the hire special instructions given by extension cable, follow any z. If you need to use an extension cables.

230volt socket. Do not use any 230v plug the transformer directly into the It you are using a portable transformer,

### 110 VOLT HEATERS (YELLOW PLUG) Read the instructions below for your machine.

square pin plug inted, or a blue industrial plug. fitted. 230v machines will have either a normal ines will have a yellow industrial plug voltage: it will be 100v or 230v. rour macnine will only operate on one

### ELECTRICAL SAFETY

may explode. Do not empty the dust bag onto a fire it підпіу тіаттаріе.

dust from wood, paint and even metal is when you stop work. Remember the Empty the dust bag when it is half full or is not suitable for use with this machine. Sanding paper used for sanding by hand

company for the material being sanded sanding paper recommended by the hire S. Make sure you use the correct type or







## **Orbital Sander**

The rules and procedures in force where people are at work may require the person responsible for this equipment to carry out a specific risk assessment.

### It is important to read all of this leaflet **BEFORE** you use the Orbital Sander

- Plan the use of the Orbital Sander so that it can always be used safelv.
- Electricity is dangerous and must always be used with great
- This orbital sander is designed to sand wood, but not round timber. It can also be used on metal, rust or painted surfaces. You must use the appropriate sanding paper.
- The action of this orbital sander can cause injury or damage if the machine is not used in a careful and controlled way.
- If you have not used an orbital sander before, familiarise yourself with the machine on some straightforward work before you start on the main task.
- You must have at least the following items of personal protective equipment: goggles: EN166 or BS2092; dust mask – a minimum of EN149 FFP3(s) protection; ear muffs or plugs giving protection for levels up to 101dB (A); gloves; rcd if using a 230 volt (mains) supply.
- This orbital sander must not be used by minors, or by anyone under the influence of drugs
- This orbital sander is designed for operation by an able bodied adult. Anyone with either temporary or permanent disability must seek expert advice before using it.













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cyanding the sanding paper. socker perore making adjustments or 1. Switch off and remove the plug from the

### SANDING PAPERS AND DUSTBAG

you must know now to stop it. - perore you switch the orbital sander on, S. Check on now the on/off switch operates

keep your hands warm while you are before you start work, and wear gloves to can be hazardous. Warm your hands up Vibration from using this orbital sander

with two hands while working. Always hold the orbital sander correctly the wood to be sanded.

Check and remove any nails or screws in

and a secureity ciamped or neid in a Any work that is not part of a fixture titted, or a blue industrial plug.

will have either a normal square pin plug designed to run directly from 230v mains heavier than you think. yourself when moving it about it may be been supplied, take care not to injure eupply. If a portable transformer has machine from a normal mains 230v transformer if you need to power the company will have provided a portable off a special 110v supply. The hire industrial plug fitted are designed to run Machines with a cylindrical yellow

to force connections or improvise them. sander matches your supply. Do not try Check that the plug on your orbital contact the hire company. damaged, do not use the orbital sander

If anything is found cutting blades. Check your machine, cables, plugs and

### **NEBITAL SANDER**

protective equipment. also need to wear appropriate personal Anybody who is working near to you will material that causes dust.

brotection) when you are sanding mask (with a minimum of EN149 FFP3(s) You will need to wear an appropriate dust ·wnwiuiw

hearing protection for this level as appropriate ear muffs or plugs giving noise levels up to 101 dB(A) - wear This orbital sander is likely to cause with this orbital sander.

BS2092 grade 1) when you are working You must wear goggles (EN166 - B or of protection.

euvironments may require a nigner ievei you use this machine. Particular jobs or minimum that should be worn whenever protective equipment (ppe) are the The following items of personal

### **SHOTARING**

dust. Warn others to keep away. Protect other people from the noise and alstract you.

and that no-one is near to you or could Make sure that the area is clear and safe chiluders.

iduite tumes from petrol, or gas There is a danger of explosion. It will Do not use this orbital sander where

**WORK AREA** 

Before Starting Work.